

# HPV Self-Collection Clinical Audit



VCS Self Collection Clinical Audit  
saving more lives

## The HPV Self-Collection Clinical Audit will support General Practices in:

- Developing an understanding of HPV self-collection eligibility and its role in improving cervical screening participation
- Reviewing current practice management systems and processes to identify under and never screened patients
- Develop and implement quality improvements to better identify and encourage screening participation

## Relevance to General Practice

GPs are the main providers of cervical screening in Australia, and their role is pivotal in encouraging and endorsing cervical screening participation. This HPV self-collection clinical audit will assist GPs in applying the latest guidelines to identify women eligible for self-collection and provides resources and tools for quality improvement.

Research shows that GP endorsement of invitations, use of recall and reminder systems, and participation in quality improvement programs is particularly effective in increasing screening participation<sup>1</sup>. Australian pilot studies have demonstrated high levels of acceptability for HPV self-collection and adherence to follow up management.

## Learning Outcomes

1. Identify people who are eligible to take their own vaginal HPV test.
2. Assess practice management systems and processes to ensure cervical screening results are current.
3. Implement quality improvements to your practice processes and resources to improve cervical screening uptake in underscreened patients.

## Application details

**Enquiries:** contact [LiaisonTeam@vcs.org.au](mailto:LiaisonTeam@vcs.org.au)

**Cost:** Free

**Timeframe:** The expected timeframe is six months but you have up to the end of the 2020-22 triennium (31 December 2022) to complete the audit.

**Access via:** <https://www.modmed.com.au/professional-development/hpv-self-collection-clinical-audit/>



## AUDIT OVERVIEW



The audit will guide you through a five step process to identify underscreened patients, apply the National Cervical Screening Program guidelines to determine eligibility for HPV self-collection and appropriate follow up, collect data to reflect on learnings and identify practice barriers, and develop possible quality improvement strategies.

### Online & Interactive

The audit is completely online, with a clear and easy-to-follow process.

### Resource Toolkit

Online access to a suite of clinical guides, patient information resources, and audit tools.

### Support Hotline

Access support from the VCS Liaison Team.

### Incentive eligibility

You may be eligible for the Practice Incentive Program (PIP) Quality Improvement Incentive – speak to your local PHN for more information.



PROFESSIONAL DEVELOPMENT PROGRAM  
ACCREDITED ACTIVITY 2020 - 2022



CPD ENDORSED  
HPV Self-Collection  
Clinical Audit  
Apr 2021 - Apr 2023



Australian College of Nursing

ENDORSED COURSE

THIS COURSE IS ENDORSED UNTIL JUNE 2023

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## Some Facts

**87%**

**LOWER DEATH  
RATE IF  
SCREENED<sup>2</sup>**

People with cancers diagnosed through cervical screening had an 87% lower risk of dying than people who had never screened.

**46%**

**PARTICIPATION  
RATE<sup>4</sup>**

3.1 million people aged 25 to 74 participated in the National Cervical Screening Program in 2018–2019.

**80%**

**OF CERVICAL  
CANCERS ARE  
DETECTED IN  
PEOPLE WHO ARE  
UNDERSCREENED<sup>3</sup>**

**27%**

**PARTICIPATION  
FOR ABORIGINAL  
AND TORRES  
STRAIT ISLANDERS<sup>5</sup>**

27% of Aboriginal and/or Torres Strait Islander people had a CST in the previous 2 years as at Dec 2017

**SELF-COLLECTION  
INCREASES  
PARTICIPATION IN  
UNDERSCREENED  
POPULATIONS<sup>6</sup>**

**SELF SAMPLES  
ARE AS RELIABLE  
AS CLINICIAN  
SAMPLES<sup>6</sup>**

Latest evidence shows that self-collected samples are as specific and sensitive as a clinician-collected sample in detecting HPV.

**SELF-COLLECTION  
IS HIGHLY  
ACCEPTABLE<sup>7</sup>**

Pilot studies show that 86% of underscreened women who declined a speculum examination agreed to HPV self-collection, and 91% of HPV positive women undertake recommended follow up.

**THIS AUDIT WILL ADDRESS  
COMMON KNOWLEDGE GAPS  
ABOUT SELF-COLLECTION**

**52%**

**OF GPs BELIEVE HPV  
SELF-COLLECTION IS  
RELIABLE<sup>8</sup>**

**65%**

**OF GPs UNDERSTAND  
MBS ELIGIBILITY  
CRITERIA FOR SELF-  
COLLECTION<sup>8</sup>**

### Reference list:

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5. Australian Institute of Health and Welfare 2019. National Cervical Screening Program monitoring report 2019. Cancer series no. 125. Cat. no. 132. Canberra: AIHW. Available at: <https://www.aihw.gov.au/getmedia/fcacac12-cd05-4325-88bc-5529a61b53f3/aihw-can-132.pdf.aspx?inline=true>
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7. Saville M, Hawkes D, McLachlan E, Anderson S, Arabena K. Self-collection for under-screened women in a National Cervical Screening Program: pilot study. *Current Oncology* 2018 25/2/2018.
8. Sultana F, Roeske L, Malloy MJ, McDermott TL, Saville M, Brotherton JML. Implementation of Australia's renewed cervical screening program: